

September 2021



## Worship in September

*Indoor & Online Worship at 9:30 am*  
<https://www.facebook.com/popnjchurch>

*8:30 am Outdoor Worship*

### **Sunday, September 5**

Fifteenth Sunday After Pentecost

Love Your Neighbor

*Vicar Kayla Preaching*

### **Sunday, September 12**

Sixteenth Sunday After Pentecost

God's Work Our Hands

Commemoration of

20th Anniversary of 9/11

*Pastor Peter Preaching*

*Vicar Kayla Presiding*

*Special Guest*

*Charlene Walker from Faith New Jersey*

### **Sunday, September 19**

Seventeenth Sunday After Pentecost

The First Shall Be Last

And the Last First

*Dr. Paul Rorem Preaching*

*Vicar Kayla Presiding*

### **Sunday, September 26**

Eighteenth Sunday After Pentecost

Whoever is Not Against Us is For Us

*Pastor Peter Preaching*

*Vicar Kayla Presiding*

## For September Events

*See page 3*



## *Practicing Resurrection with Gratitude & Grace*

Vicar Kayla, Dr. Doug, Pastor Dale and I have just returned from an overnight retreat in Weatherly, Pennsylvania. Such retreats usually plan the fall, filling up the calendar with worship, meetings, classes, and special events. We did little of this, because, honestly, how can we plan with so much uncertainty in these days?

Our task, instead, was to name this time in the life of Prince of Peace, and to give us direction in the chaos of the pandemic. Our host and devotion leader was Pastor Andrew Barton. Andrew began our retreat reading a poem by Wendell Berry entitled, *Manifesto: The Mad Farmer Liberation Front*. The poem names the gospel from a farmer's perspective, but we also found that it gives language to the church struggling to be faithful in uncertain times. Wendell Berry concludes his poem with two words: *Practicing Resurrection*.

We embraced Wendell Berry's *Practicing Resurrection*. We all agreed that being the church today is hard. Of course, anything worth doing is hard and it takes practice. I'm convinced it is why many have quit church. Getting serious about Jesus is hard. Loving as Jesus loves, serving as Jesus serves, proclaiming life in the face of death, is hard. But the staff returned home vowing to practice resurrection.

You know this, but I want to say that we have a talented staff at Prince of Peace. I was struck at staff's excitement to lead the congregation at this time. In the midst of decline and uncertainty there were no complaints. There was no negativity. No one expressed fear about our future. Dare I say we were all living with hope?

Dr. Doug coined our new brand: *Prince of Peace, Practicing Resurrection with Gratitude and Grace*. The staff embraced these words, and we encourage the congregation to do the same. As the pandemic continues, Prince of Peace will dare to hope as we practice resurrection.

— Pastor Froehlke

## The Music Ministry — Moving Into The Fall Season

As we move into the fall season, the music ministry is again springing to life, but with a few more guardrails than we are accustomed to. It is important to me (and to the parish, I think) to begin bringing back special music to our worship experience as much as we are able and as safely as we can. This is what we're planning for the fall:

- Handbell Rehearsals will resume on Thursday nights at 7:00 pm. We will rehearse for 45 minutes with face coverings in person in the church sanctuary. We hope to ring during worship about once a month through the fall.
- Choir Rehearsals will resume on Thursday nights at 7:45 pm, but these will be virtual via zoom. We are not yet ready to resume singing shoulder to shoulder, even with masks. These zooms will be dedicated to keeping our voices active and strong while reinforcing some choral literature and weekly hymns.
- Victoria will be returning to Prince of Peace on Sundays this fall. She'll be here on about half the Sundays through Thanksgiving, helping and

assisting the music ministry especially on feast and festival days.

- I will be scheduling special music selections throughout the fall with the handbells, individual singers, small groups of singers, and instrumentalists.

I sincerely hope that any and all of you will want to participate in our music ministry. The Choir Zooms are open to all in the congregation — any time and in whatever capacity you can. If you would like to participate in the handbell choir, please let me know. (We can move to a second or third group if the interest is high.) Also, please let me know if you would be willing to sing or play a selection in church this fall. I'll be seeking to schedule special music presently.

We have made these plans given the current conditions and with an eye toward our own health and public health. If the conditions worsen or improve significantly, we'll adapt our plans and continue to move forward. Please let me know if you have any questions or concerns.

Peace, Doug

*Tidings*, the newsletter of Prince of Peace Lutheran Church, is published monthly. Articles, story ideas, and comments can be emailed to [loismcase@gmail.com](mailto:loismcase@gmail.com).

**Deadline for the October issue is Sunday, September 26**

### Staff and Officers of Prince of Peace

Rev. Peter Froehle, Pastor  
Rev. Dale Selover, Director of The House Next Door  
Vicar Kayla Hopgood  
Dr. Doug Helvering, Minister of Music  
Victoria Chow-Torres, Church Musician  
Kathy Nowak, Parish Administrator  
Dorothy Safranek, Financial Secretary

### Congregational Council

Elizabeth Wagner (President)  
Kim Contini (Vice President)  
Nancy Durie  
Charlie Frantz  
Tim Gjenvick  
Mary Ellen Glickson  
Martin Rexroad  
Wendy Schutzer  
David New, Secretary (non-voting)

## Outdoor Worship

As the pandemic continues the staff decided to continue offering the 8:30 outdoor worship through September in the Outdoor Chapel.



## The September Donation Requested for the Trenton Area Soup Kitchen is

### *Elbow Macaroni*

*Please place donations in the  
wooden box in the breezeway.*

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## September Events

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### Saint Bart's Community Picnic September 4

Our church partner, St. Bartholomew's Lutheran Church in Trenton, is holding a community picnic on Saturday September 4<sup>th</sup> from 12 to 2. Prince of Peace is invited. The price of admission will be a back pack loaded with school supplies to be distributed to neighborhood children at the picnic.

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### Transforming White Privilege

Part of dismantling racism is understanding inequality through the system of accumulated advantages for whites and disadvantages for people of color. The New Jersey Synod will be offering a three-session training (via zoom) to better identify, talk productively about, and address white privilege.

This is an introductory experience designed to increase awareness of how white privilege operates. The intended outcome is to increase participant's skills in addressing this system and work toward advancing racial equity. This is a free offering; however, it is intended that participants attend all three trainings, as learnings and skills build throughout the training.

**Dates:** Sept. 18th, Sept 25th and Oct 2nd from 9:00am - noon or Oct. 7th, 14th, and 21st from 6:30-9:30pm. [Click here to register.](#)

Register for the Saturday morning training or the Thursday evening training. For more information contact Rev. Sara Lilja at [slilja@learnnj.org](mailto:slilja@learnnj.org), or Dr. Dianne Browne at [drbrowne22@gmail.com](mailto:drbrowne22@gmail.com).

### Book Group

*If interested in joining the book club, please contact Phyllis Church at 609-799-0723 or [p.church@mindspring.com](mailto:p.church@mindspring.com)  
We meet at 7:30 pm once a month.*

### September 9

7:30 pm at the home of Bente Ott  
47 Gordon Way, Princeton

RSVP to [benteott@gmail.com](mailto:benteott@gmail.com) or 609-683-8363

### *The Grace Kelly Dress* by Brenda Janowitz

This charming light novel connects the lives of three generations of women all with one thing in common, a wedding dress inspired by the gown Grace Kelly wore at her wedding. The story takes us back to France in the late 1950s, to Jersey in the 1980's, and to present day New York City. Most of all, it's a book about family.

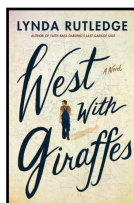


### October 14

Time & Location to be Announced

### *West with Giraffes* by Linda Rutledge

In 1938 the Great Depression lingers; Hitler threatens Europe and Americans long for wonder. They find it in the story of two giraffes who survive a hurricane crossing the Atlantic before beginning a 12-day road trip to the San Diego Zoo. Part history, part adventure, part love story, the novel explores what it means to be changed by the grace of animals.



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## Also In September

**September 3, 10, 17, 24**  
**Fridays at Noon**  
**Healing Prayer**

*More information on page 7*

**September 7, 14, 21, 28**  
**Chair Yoga**

*See Flyer on page 8*

**September 12**  
**God's Work Our Hands**

*See Flyer on Page 4*

# God's Work, Our Hands Sunday

## September 12, 2021



We join this day with congregations throughout the country to celebrate who we are as the Evangelical Lutheran Church in America — one church, freed in Christ, to serve and love our neighbor

**9:30 am**

### **Service of Holy Communion**

Special Guest Charlene Walker, Director of Faith New Jersey

### **God's Work Our Hands Project**

*Following Worship*

Assembling Welcome Home Backpacks for those newly released from incarceration.

*Lunch Hosted by Staff*

### **Items Requested for Welcome Home Backpacks**

Collection Boxes are Outside White Doors to Community Wing of Church

*Travel Size When Possible*

Large Backpacks  
Toothpaste  
Toothbrushes  
Toothbrush Holder  
Mouthwash (non-alcoholic)  
Twin Blade Disposable Razors  
Canned Shaving Cream  
Cans of Hairspray  
Bottles of Shampoo  
Bottles of Conditioner  
Deodorant  
Bottles of Hand Sanitizer  
Bottles of Lotion  
Hairbrush  
White Socks  
Ballpoint Pens  
Pocket Calendars  
Notepads

Bath Towels  
Wash Cloths  
Packaged Cleansing Wipes  
Rolls of Toilet Paper  
Small Boxes Powered Washing Detergent  
Small Boxes Cotton Swabs  
Packages of Sanitary Napkins  
Packages of Tampons  
Tweezers  
Nail Clippers  
Nail Files  
Make-up Remover Towelettes  
Small Boxes of Band-aids  
Locks with Combination or Key  
Protein Bars  
Rain Ponchos  
Mittens  
Scarfs



## Kathy Nowak Celebration October 3

After twenty-one years, Prince of Peace's Office Manager Kathy Nowak is retiring at the end of September. A special celebration to honor Kathy is planned for Sunday October 3<sup>rd</sup> following worship. Stay tuned for more details.

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## Tree of Life Chapel Team Asks for Prayers



*Come and See: At the latest meeting for the Tree of Life Chapel, the team started to see its design come to life!*

Led by the Holy Spirit, a committee formed to build a memorial garden specifically for pregnancy and infant loss. Please read the August newsletter to learn more about this ministry and consider joining this holy work in one of the following ways

- Mark Friday, October 15th, National Day of Pregnancy and Infant Loss, on your calendar. We will gather together on this day to remember all those we've lost.
- Most importantly, pray for this ministry and the families grieving the loss of a child.

See flyer on page 6 for more details.

Should you have any questions, please contact Vicar Kayla.

## Multi-Faith Festival Celebrating the Joy of Our Traditions in Music and Story

Mark your calendars! Sunday, October 17 (rain date Oct. 24) from 2 to 4:30 at Prince of Peace. Bring your family, friends and neighbors of all faiths as we learn about each others religions and celebrate together at this outdoor event.

**Free vaccines will be available** by appointment or walk-up, all approved boosters included.

**Volunteers needed** to help with set-up, directing traffic during the event (to the park and back to our property. Please contact Nancy Reyes at [nancyauerreyes@gmail.com](mailto:nancyauerreyes@gmail.com).

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*Pastors Dale and Peter with Imam Safwan Eid of the Muslim Center of Greater Princeton.*

## Muslim Center Collecting Clothes for Afghan Refugees Through September 6

The refugees, who have been arriving at Fort Dix, include women, children, and babies. There is an immediate need for women's underwear, modest clothing, t-shirts, blankets, shoes, wipes, baby food, lotions, towels, and feminine hygiene supplies (no glass, pillows, or tampons, please).

Donations can be made at the Muslim Center of Greater Princeton, 2030 Old Trenton Road, Princeton Junction 08550. For checks, write MCGP with memo *Afghan Refugees*. For more information, phone 609-336-7602.



# Tree of Life Chapel

A MEMORIAL GARDEN FOR  
PREGNANCY AND INFANT LOSS

*Join us*

## **Pastor Cook Out**

SATURDAY, OCTOBER 9, TBA

*Located outdoors at Prince of Peace.  
All funds raised will support the chapel*

## **Tree of Life Sunday**

SUNDAY, OCTOBER 10, 9:30AM

*Join us in Sunday worship, virtually or in the sanctuary*

## **Service of Remembrance**

FRIDAY, OCTOBER 15, 11AM

*On National Day of Pregnancy and Infant Loss, we will gather  
near the Tree of Life Chapel to remember those we've lost*

Questions? Contact Vicar Kayla at (609) 791-9720



## *The* House Next Door

***A Safe Space — A Place of Grace  
To Dwell in the Heart of God***

### **Group Direction Begins this Fall!**

Group Direction is about listening together for God at work in our lives. This experience is for individuals who would like to experience spiritual direction in community. Groups gather once a month for two hours. New groups will be forming in September. Both afternoon and evening sessions are available. The cost is \$25/session. If interested, please email Pastor Dale at [hnd@popnj.org](mailto:hnd@popnj.org).

### **Let Go Into Fall — Chair Yoga**

*See flyer on page 8*

### **Wednesdays Away at Cross Roads**

Looking for a day away? Cross Roads, our church camp, offers Wednesdays Away, a time of spiritual renewal, on the first Wednesday of the month from September through June. The monthly gathering includes prayer and conversation, led by a spiritual director and focusing on a different spiritual practice or theme each month. These monthly retreats are open to all people interested in exploring new faith practices.

### **Wednesday, October 6**

#### **Autumn Blessings with Wendy Abrahamson**

*Surrounded by nature's response to the changing season, let us open our hearts to our own transformation as we listen to the trees shedding, absorb the colors and relish God's abundance.*

Register at [www.crossroadsretreat.com](http://www.crossroadsretreat.com)

### **Fall Women's Retreat: The Face of God**

*'Come,' my heart says, 'seek the Lord's face!' Your face, Lord, do I seek. ~ Psalm 27:8*

Over the past year, many have gathered on Zoom for prayer, study, congregational worship, family parties, and friendly conversation, while others have used Facebook to join one another. We are warmed by the sight of faces we cannot see in the flesh, and we have become oriented to these electronic facial encounters as a norm in our Covid-19 world. And what of God? Where do we see the face of our loving Creator in the midst of all this?

Join us virtually on Zoom on Friday, September 24 or join us in person at Cross Roads, either September 24-26 or October 8-10.

Laurie Matarazzo and Dale Selover, retreat leaders. Register at [www.crossroadsretreat.com](http://www.crossroadsretreat.com)

### **Weekly Opportunity for Healing Prayer**

Every Friday at noon, Prince of Peace gathers with Charlie Frantz and Pastor Dale for Healing Prayer. It is a time to hear Scripture, share our concerns, hold one another's prayers, and witness to God's presence in our lives. Come once; come weekly. Watch for Prince of Peace's weekly email with the Zoom invitation.



*Let Go Into Fall*

# Chair



*Will be offered in the*

**Outdoor Chapel**

**Tuesdays**

**September 7, 14, 21, 28**

**11:00 a.m.**

Join us for a time of gentle, Spirit-filled movement in God's creation. As the trees begin to let go of their leaves in preparation for a new season, we will consider all that we need to let go of as we step into the next season of our lives.

Led by Fitness and Yoga Instructor

**Kelly Kenny**

45 minute sessions- Come to one, come to all.

**\$10 per session**

*No experience is necessary!*



The House Next Door  
173 Princeton-Hightstown Road  
Princeton Junction, NJ 08550

If you are interested in attending this time of gentle movement and reflection, please contact Pastor Dale at [hnd@popnj.org](mailto:hnd@popnj.org)

## Racial Justice News

*God's Work, Our Hands* Sunday is September 12. This day is an opportunity to celebrate who we are as the Evangelical Lutheran Church in America – one church, freed in Christ to serve and love our neighbor.

Service activities offer an opportunity for us to explore one of our most basic convictions as Lutherans: that all of life in Jesus Christ – every act of service, in every daily calling, in every corner of life – flows freely from a living, daring confidence in God's grace.

The Racial Justice Team has planned a day focused on a group of neighbors we rarely acknowledge — those who have been incarcerated and now have a chance to rejoin their neighbors to build a new life outside of prison.

Many team members and other members of Prince of Peace, Abiding Presence, and St. Bartholomew Lutheran churches took the virtual course on Mass Incarceration led by Pastor Erich Kussmann. While many of us knew America's police and prison systems — originally designed to assist owners in finding and recapturing those who escaped from slavery — continue to disproportionately impact people of color, so much more was learned through the personal experiences of Pastor Erich and many guest speakers he brought to us. One of those speakers, Charlene Walker of Faith New Jersey, will join Prince of Peace for worship and *God's Work, Our Hands* Day as we work to assemble helpful and essential needs for former prisoners as they are released as an initial step in helping them in the difficult transition back to our world of freedom.

Join us for lunch generously provided by Prince of Peace's staff and a chance to personalize these kits as we learn to be truly welcoming and supportive should one or more of these formerly incarcerated join our community. Please see the flyer on page 4 for a list of items being collected in cooperations with our Social Outreach Team and donate as you are able. A Thrivent Action Team

Project submitted by Joan New will provide \$250 to supplement donations as needed.

### More Racial Justice News

**Summer School of Advocacy** — Pastor Sara Lilja is offering weekly sessions this summer about how individuals and congregations can advocate in New Jersey and at the federal level. A list of those topics and recordings of sessions is available at <https://www.learnnj.org/>

**Please keep refugees and immigrants in your prayers.** Lutheran Immigration and Refugee Service (LIRS) and LEAM are good, reliable sources of information if you would like to help those fleeing from Afghanistan, South/Central America or other countries, or those here looking for a path to citizenship.

**Transforming White Privilege:** Last spring some of the pastors and church leaders of the New Jersey Synod took *Transforming White Privilege*, a curriculum purchased to help ELCA members grow in their journey against racism. This course is now available to anyone in our synod. Please register as described on page 3.

**Supporting the Indigenous Population:** In response to the horrific discovery of mass graves of indigenous children from residential schools in Canada and the USA, the American Indian Native Alaska Lutheran Association is requesting acknowledgement and support from ELCA congregations. Please pray for our indigenous neighbors and stay tuned as Prince of Peace works to join these efforts in October.

**Movie Viewing:** The Southeastern Synod of the ELCA is sponsoring a joint viewing of the movie *13th*, named after the 13th amendment in 1865, which abolished slavery throughout the United States and ended involuntary servitude except as a punishment for conviction. After viewing, join the discussion led by Bishop Strickland and the Diversity and Justice Task Force. To register go to <https://se-reg.brapp.com/13thMovieandDiscussion2021051671>

— Nancy Reyes, Chair



## Scenes from The Peace Garden and Food Ministry at St. Bart's



*Volunteers pose beside the two cars packed with lunches they prepared for St. Bart's in late July.*

*Left to right: Nancy Reyes, Natalie Anderson, Nathan Anderson, Berta Schott, Maggie Furniss, Jen DiGioia, Max Moore, Nancy Nicosia, Laura Proethke, Benta Ott, Nisha*

At the end of July, gardeners and friends packed 98 lunches to give to neighbors at St. Bart's. The lunches filled the backs of two cars. Nancy Reyes, upon being asked how things went, wrote

Great! People were waiting when we arrived. Enid, Paul, and Barb [of St Bart's] and Lisa Schott [of Prince of Peace] organized the people into lines, they repacked lots of the veggies (tomatoes, squash, peppers, peas) into even smaller amounts to spread out to more people and finally let them start early since all was ready. Happened so fast; I looked when we were finished — shortly after 11:30! All sandwiches and produce gone!



*Community volunteer Fran Lalka and Nancy Reyes arrange tomatoes and fresh flowers from the Peace Garden at a recent St. Bart's food day.*



*In one day at the height of tomato season the Peace Gardeners picked 130 pounds of tomatoes and delivered them to St. Bart's.*



*A typical Wednesday scene at St. Bart's*

## Parish Care — September 2021

*Wow, it is September Again.  
The start of our Church Year.  
As our church year begins,  
here are a few Parish Care needs and projects.*

### Back-to-School Time

Time for our young adult students to be heading off to school. This year seems to have our students returning to campus. We will keep you all in our thoughts and prayers. All the best as you start the new school year.

We do keep in touch with students. Please send us updated contact information — USPS (snail mail) and email. Contact info can be left in church office.

### Rides Needed

Rides are needed during the week to appointments and some food shopping. If you have some time during the week to help with rides, please let me know.

### Ongoing Projects

We continue with our *Splash* and *Hope through Healing* monthly mailings along with the *Care Notes* in the breezeway. If you know of anyone to include please, contact Parish Care. If you would like any materials and the church is not open, arrangements can be made to get the materials to you.

### Phone Calls

A 'good mornin/day and how are you doing' phone call. We would like to reach out to members of our church family who are not with us on Sunday morning. The call is a simple 'Hi, we are thinking of you, hope all is going well, and is there anything we can do to help?' If you can help with making a few calls once a month, your care is greatly appreciated by many. With several folks involved, a phone call could be a great way to stay connected. Want to help? Call me.

### Spreading the Cheer

#### Christmas Carol Singalong in December

We are ever hopeful that we will be allowed to share our cheer in person.

We will be going caroling in December to a couple senior residences in the area. A card and small gift is taken for each person we meet. So we need to have

- Holiday cards with a message hand-written inside. We have cards but need some folks willing to write a simple holiday message inside.
- Help with making a small gift to give. Last year we took tissue packets for each and small candy treat bag. If you have any suggestions for something to take, please let us know ASAP.
- Suggest a song/songs to sing;
- create a songbook/sheet to share with all the residents;
- Lots of voices to sing. All ages, all voices, no rehearsals.

Watch for dates and details of when and where you can help with this project.

If we are not able to sing in person, we can still share our care by sending cards with Holiday messages, a small treat, a song booklet and perhaps a way to send our voices via some electronic method.

Watch for details on how, when and where you can help.

### Calendars, Greeting Cards

We are gathering 2022 Calendars and Greeting Cards. They are shared with several of the senior residents in the area. We need help with sorting and delivering them to the residences.

There is a gathering box in the breezeway.

*If you have some ideas or thoughts  
on how we can share our care,  
please let me know.*

Martha Winder      609-799-7280      maw14jpw@aol.com



***Practicing Resurrection with  
Gratitude and Grace***

177 Princeton-Hightstown Road  
Princeton Junction NJ 08550

Church Office: 609-799-1753

E-Mail: [email@popnj.org](mailto:email@popnj.org)

Website: [popnj.org](http://popnj.org)

Office Hours

Monday & Tuesday 9 to Noon

Thursday 1:30 to 3:30

***Sunday Schedule***

Worship at 9:30 am (Indoor and Livestream)

<https://www.facebook.com/popnjchurch>

Outdoor Worship at 8:30 am

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