



# Tidings of Peace

April 2022



## Worship in April

Worship with Holy Communion at 8:30  
In person/Livestream Worship at 9:30 am  
<https://www.facebook.com/popnjchurch>

### Sunday, April 3

*Fifth Sunday in Lent  
The Anointing of Jesus' Feet*

### Sunday, April 10

*Palm Sunday  
The Passion of Our Lord*

### Thursday, April 14, 7:30 pm

*Maundy Thursday  
We Gather at the Table*

### Friday, April 15, 7:30 pm

*Good Friday  
We Gather at the Cross*

### Saturday, April 16, 7:30 pm

*Vigil of Easter  
We Gather and Wait*

### Sunday, April 17

*Resurrection of Our Lord  
He is Risen Indeed*

### Sunday, April 24

*Second Sunday of Easter  
Blessed Are Those Who Believe  
And Have Not Seen*

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## Also in April

### Tuesday, April 2

Philadelphia Trip & Property Day

### Wednesday, April 6

The Affair of the Sausages

### Sunday, April 10

Peace Procession

### Thursday, April 21

Book Group

### Saturday, April 30

Iftar Dinner

## The Third Day

Ukrainian president Volodymyr Zelensky has become the voice of hope and freedom in the world. As he defends his country against the Russian invasion he has said, 'They can bomb our cathedrals and houses of worship, but they cannot bomb our spirit.' Bombs succeed in destroying bricks and mortar. Bombs can even succeed in destroying life and limb. But as the Ukrainian president has said, bombs cannot destroy the spirit. Vladimir Putin is destined to lose because he cannot break the spirit of the Ukrainian people, but I pray with no more blood than has already been shed.

Jesus predicts his passion three times in the gospel.

The Son of Man will be handed over to the chief priests and the scribes, and they will condemn him to death; they will hand him over to the Gentiles; they will mock him, and spit upon him, and flog him and kill him; and after three days he will rise again.

Humanity can inflict horrid suffering and pain. Still, they cannot destroy the spirit. Jesus doesn't hold out much hope in his passion prediction until he gets to the 'third day.'

Humanity seems never to learn that bombs never lead to desired goals. It is especially disheartening when the ones dropping the bombs are Christians, or who at least who claim to be Christian. Violence only begets violence, but peacemakers enact real change. God's spirit will always advocate peace.

As we enter our holy days, let us renew our faith in Jesus and advocate for peace in Ukraine. May our faith in the 'third day' strengthen this witness. It is how we can practice resurrection.

— Pastor Froehlke

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**See page 5 For Holy Week Schedule**

## The Ch\_\_rch Needs U

Our thanks to those who have taken on a new bite-size ministry and are sharing their time, talents, and treasures:

- + Lizzie DiGioia for creating the beautiful *Welcome Board* each season
- + Nancy Herrington, Audrey and Dennis Oehm for assembling our Lenten Gratitude Journals
- + Nancy Reyes, who delivers our donations to St. Bart's
- + All who were a part of the property conversation and all who walked the property as we seek to be faithful stewards of our buildings and grounds
- + Nancy Herrington for creating our Lenten prayer stations

*How might you use your gifts?*

*To what bite-size ministry are you feeling called?*

*Tidings*, the newsletter of Prince of Peace Lutheran Church, is published monthly. Articles, story ideas, and comments can be emailed to

loismcase@gmail.com.

**Deadline for the May issue is Sunday, April 24**

### Staff and Officers of Prince of Peace

Rev. Peter Froehlke, Pastor

Rev. Dale Selover, Director of The House Next Door

Kayla Hopgood, Vicar

Dr. Doug Helvering, Minister of Music

Victoria Chow, Church Musician

Geeta Telang, Office Manager

Dorothy Safranek, Financial Secretary

### Congregational Council

Tim Gjenvick (President)

Joan New (Vice President)

Charlie Frantz

Mary Ellen Glickson

Christian Oehm

Dorothy Safranek

Wendy Schutzer

Con Sweeney

Elizabeth Wagner

David New, Secretary (non-voting)

## Lenten Prayer Stations

This Lent we paused for prayer at Prayer Stations focusing on Ukraine, World Hunger, and Indigenous Peoples.



**Dear POP,**

My deepest thanks to you for the year-end staff gift. What a joy it is to know you and serve alongside you.

From my family to yours, thank you!

Vicar Kayla

My sincere gratitude for the thoughtful end-of-year staff gift! I feel so blessed to be here and appreciate the warm welcome you all have given me.

— Love, Geeta

## April Events

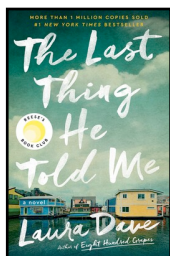
### Book Group

*If interested in joining the book club,  
please contact Phyllis Church at  
609-799-0723 or [p.church@mindspring.com](mailto:p.church@mindspring.com)  
Meetings will be held at 1:30 pm until further notice.*

**Thursday, April 21, 1:30 pm**  
**Church Lounge**

*Please note later date to avoid Holy Week  
Participants are asked to bring a drink or  
a little snack to share with the group.*

***The Last Thing He Told Me***  
By Laura Dave



The story revolves around Hannah, who moves to Sausalito, California to be with her new husband, Owen, a software engineer, and his 16-year-old daughter, Bailey. One day Owen disappears and Hannah receives a mysterious note that says simply 'Protect Her.' Hannah has no

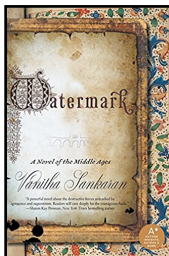
doubt he means her surly stepdaughter. She and Bailey then set out to find Owen only to discover the many secrets he has hidden from her. A thriller with twists and turns galore.

**Thursday, May 12, 1:30 pm**  
**Church Lounge**

*Participants are asked to bring a drink  
or a little snack to share with the group.*

***Watermark: A Novel of the Middle Ages***  
By Vanitha Sankaram

Born an albino in Medieval France, Auda's tongue is cut off to prevent her from telling the 'devil's lies.' As the daughter of a papermaker, she finds solace in the written word and eventually masters her father's craft. When she gives voice to her feelings in poetry, however, both she and her father become victims of medieval superstition and the church's inquisition. Forced to flee, Auda sets off on quest to discover love and a new sense of self worth.



### Property Day

Come to church on Saturday April 2 to spruce up the property and the church for Easter. We begin at 9 am and will work until noon. Projects will include both indoor and outdoor work. And there will be sausage. Well maybe not. But there will be donuts. Join us.



*Huldrych Zwingli*

**The Affair of the Sausages**  
**Wednesday, April 6, 6:30 pm**

On Wednesday April 6<sup>th</sup>, Prince of Peace will commemorate the 500<sup>th</sup> Anniversary of *The Affair of the Sausages*.

There is no better way to honor this than a sausage dinner right in the middle of Lent. We have had no soup suppers this Lent, but on this last Wednesday before Holy Week, we will have a sausage supper.

Why, you may ask? The Reformer Huldrych Zwingli, who had his run-ins with Martin Luther, rebelled against the Lenten practice of refraining from meat in Lent. Meat wasn't the problem, but the Lenten command not to eat meat was. If Christians are truly free, well, Zwingli said, we can eat meat in Lent. And so we will. Dr. Doug will be cooking sausage, peppers, and onions. There is a link on our website to sign up. Wednesday April 6<sup>th</sup> at 6:30.

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## More April Events

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### Palm Sunday Peace Procession

On Palm Sunday, April 10, Prince of Peace will join our partner congregation, St. Bartholomew's Lutheran Church, for a peace procession through the streets of Trenton. We will stop and pray for peace at sites touched by gun violence in the city. We will meet at St. Bart's at 1 pm. St Bart's is in South Trenton at 1746 South Clinton.



### The April Donation Requested for the Trenton Area Soup Kitchen is

**64 Ounce Canned Juice**

*Please place donations in the  
wooden box in the breezeway.*



### Iftar Invitation for April 30

During the month of Ramadan Muslims break their day-long fast with a festive evening meal at sundown. This is known as the Iftar.

Prince of Peace is hosting a Turkish School every Saturday and to show their appreciation the School has invited the congregation to an Iftar on Saturday, April 30<sup>th</sup>.

This meal will be offered in our community room and will begin at 8:00 pm. A signup will be available on our website soon.

### Thank You for the Easter Food Gift Cards and Easter Greeting Cards for Persons Served by LSM/NJ

As a part of our Lenten emphasis on World Hunger, we collected Easter Food Grocery Gift Cards and Easter greeting cards for families and seniors served by Lutheran Social Ministries of New Jersey (LSM/NJ). Thank you very much to all who participated in this ministry.

The recipients will be most grateful for the means to buy their Easter dinner and will be most appreciative that their brothers and sisters in Christ from Prince of Peace thought of them with an Easter greeting card. LSM/NJ cherishes the partnership that exists between them and Prince of Peace and is always thankful for our support of their ministries.

Thank you again for doing God's work with your hands in this way.

— Berta Schott for the Social Outreach Ministry Team

### Food and Clothing Still Needed By St. Bart's

The need for food and clothing to distribute to persons in the community around St. Bart's and beyond is still great. The response from Prince of Peace thus far has been wonderfully generous, and St. Bart's thanks each and every one profusely for the many donations.

More and more persons, however, are feeling the pinch of low (or no) income and are grateful to be able to get food and clothing from St. Bart's. On a recent Saturday, 150 bags of food were distributed.

Donations of non-perishables — rice, beans, pasta, tuna and other canned meats, canned vegetables and fruits, peanut butter, jelly, etc — may be placed in the bins outside the white doors near the Community Room at any time. Bags/boxes of clothing may be left next to the bins. St. Bart's is willing to accept small household items, as well.

Thank you, thank you, thank you for continuing to share your gifts with these fellow sisters and brothers.

— Berta Schott  
for the Social Outreach Ministry Team and St. Bart's

# **Join Us This Holy Week As We Gather To Experience The Events of the Passion**

## **Palm Sunday – April 10**

*We Gather with Palms*

8:30 am — Service of Holy Communion — Outdoor Chapel  
*Blessing of Palms and Reading of the Passion*

9:30 am — Service of Holy Communion — Sanctuary and Livestream  
*Procession of the Palms and Reading of the Passion*

11:00 am — Holy Week Experience  
*All are welcome, and families are encouraged, to attend  
this interactive, outdoor experience*

## **Maundy Thursday — April 14**

*We Gather at the Table*

7:30 pm — Service of Holy Communion — Sanctuary and Livestream  
*Foot-washing and Stripping of the Altar*

## **Good Friday – April 15**

*We Gather at the Cross*

7:30 pm — Tenebrae Service — Sanctuary and Livestream  
*Pastor Froehlke, Pastor Selover and Vicar Hopgood will reflect upon  
The Seven Last Words of Christ*

## **Holy Saturday – April 16**

*We Gather and Wait*

7:30 pm — Easter Vigil — Outdoor Chapel and Sanctuary  
*In this one hour service we will light the Christ Candle, remember our baptism,  
hear the stories of salvation history and celebrate the sacrament.*

## **Resurrection of Our Lord — Easter Sunday – April 17**

*We Gather in Hope at the Empty Tomb*

8:30 am — Celebration of the Resurrection – Outdoor Chapel

9:30 am — Festival Worship — Sanctuary and Livestream

10:30 am — Easter Reception  
*Hosted by Michelle and Mike Conk*



*Spring can be a painful time to navigate the death of a loved one. While the rest of the world is moving outside and celebrating Spring holidays like Easter and Passover, you're noticing an empty chair.*

*If you've lost a spouse, parent, child, or someone special in your life, join Marriage and Family Therapist and Grief Counselor, Christine Ruth, M.S. LMFT, for this brief, but informative grief seminar:*

Christine Ruth, MS, LMFT has provided individual counseling and group support for 9 years through hospice bereavement services and through her own private practice.

*A special welcome to friends and family members supporting those in grief.*

**“Managing Grief During the Holidays” Seminar**  
**Thursday, April 7<sup>th</sup> from 10:30-12:00pm**

**In-person at The House Next Door**

(173 Princeton-Hightstown Road)

**OR**

**On-line Thursday, April 7<sup>th</sup> from 7:30-9:00pm (via Zoom)**

**Princeton Family Counseling Center**

The House Next Door (next to Prince of Peace Lutheran Church)

173 Princeton-Hightstown Road

Princeton, Junction, NJ 08550

**Space is limited. FREE (Suggested Donation \$20)**

**RSVP for a Zoom link or get more information at  
[christineruth@niwokcounseling.com](mailto:christineruth@niwokcounseling.com)**

**Or by calling 720-610-5290**

## World Holidays & Celebrations

### April, 2022

April in the Western Christian tradition typically brings to mind the end of Lent with Holy Week and the celebration of the Resurrection on Easter.

But there are other cultural and ethnic holidays and observances which occur around the world and have been either brought to this country by immigrants or have significance for them, even if not

celebrated here, and many other Americans are oftentimes unaware of their observance.

Also, not to be overlooked are the traditional festivals of the First Nations.

Several of these are listed below.

Con Sweeney

For the Racial Justice Team

Date	Holiday	Affiliation	Notes
4/2	<a href="#">World Autism Awareness Day</a>	International	A day that seeks to raise awareness about people with <a href="#">Autism Spectrum Disorder</a> throughout the world.
4/2 – 5/1	<a href="#">Ramadan</a>	Islam	The ninth month of the Islamic calendar, observed by Muslims worldwide as a month of fasting (sawm), prayer, reflection and community. A commemoration of Muhammad's first revelation.
4/3	<a href="#">Tomb Sweeping Day</a>	China	During the Qingming festival Chinese families visit the tombs of their ancestors to clean the gravesites, pray to their ancestors and make ritual offerings.
4/14	<a href="#">Vaisakhi</a>	Sikh	Observed as the Sikh solar new year and observed with community celebrations.
4/15 – 23	<a href="#">Passover</a>	Jewish	A major Jewish holiday that celebrates the exodus of the Israelites from slavery in Egypt.
4/21 - 23	<a href="#">Gathering of Nations</a>	Native American	More than 500 Native tribes from the United States and Canada meet and celebrate various traditions and cultures.
4/21	<a href="#">Ridvan</a>	Bahá'í	The holiest Bahá'í festival, and is also referred to as the <i>Most Great Festival</i> and the <i>King of Festivals</i> .
4/22	<a href="#">Earth Day</a>	International	An annual event on April 22 to demonstrate support for environmental protection. Includes a wide range of events coordinated globally by EarthDay.org, including 1 billion people in more than 193 countries.
4/29	<a href="#">Showa Day</a>	Japan	The purpose of the holiday is to encourage public reflection on the turbulent sixty-three years of <a href="#">Emperor Hirohito's</a> reign.

## **Bishop's (and Prince of Peace's) Challenge Met and Surpassed**

You did it Prince of Peace! Bishop Tracie Bartholomew challenged each New Jersey ELCA congregation to donate \$375 for reparations using the number of dollars Rev. Jehu Jones paid for a plot of land in 1834. Your Racial Justice Team put in \$250 to start Prince of Peace's offering but drastically upped that goal to \$3,750 by the end of Epiphany, but you went above and beyond as usual. The total donation was \$5,055 for reparations to be distributed through the synod. In the coming years, we hope to have more Black Lutheran leaders because this fund will be financially supporting their development within our denomination and showing that we welcome leaders of color. And you who contributed helped to make that happen. Stay tuned for the final Synod totals and the last few activities in the Bishop's Challenge.

Remember last winter when Prince of Peace's clear choice in our racial justice survey was reparations for Lutherans of color? You followed through with your donations for a great start, so what's next?

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## **Covid Resources**

### **Free Tests Available**

Every household is eligible to get two sets of four free at-home rapid Covid tests. Since anyone who is uninsured will soon have to pay \$125 for each Covid test and various insurance companies are going to make different decisions about the cost, it's probably a good idea to order as many sets as possible. The sets are available through the CDC website and mailed by USPS. See

<https://www.covidtests.gov/>

The National Council of Churches has good information about deciding whether to quarantine or get tested. See

<https://nationalcouncilofchurches.us/resources-on-covid-19-for-churches/>

### **New Calculator and Guidelines To Determine Quarantine Times**

The Center for Disease Control and Prevention (CDC) has published guidance on how long to quarantine and isolate to prevent the spread of COVID-19. The website page includes a *Quarantine and Isolation Calculator* to help individuals determine how long they need to isolate, quarantine, or take other steps to protect their communities.

As churches and faith groups gather again in person, this tool can insure that religious communities know how to keep each other safe. Share, post, and refer to these guidelines in order to prevent the disease from harming people who are immunocompromised or have other medical conditions that could cause severe illness or death.

The calculator is available at

<https://www.cdc.gov/coronavirus/2019-ncov/>

## Racial Justice News — April 2022



*Phyllis Webstad's story inspired Orange Shirt Day*

### Indigenous Peoples

One of the choices that ranked high in the reparations survey the congregation responded to was to support Indigenous Peoples, the Racial Justice Team's next emphasis.

Since the start of Lent, our Pastors have been talking about the Orange Banner currently hanging outside our sanctuary. This banner is part of our response to the American Indian Alaska Native Lutheran Association's request that congregations hang an orange banner in remembrance of the treasured orange tee shirt one Native American girl, 6-year-old Phyllis Webstad, was given by her grandmother for her first day of school. They never expected that it would be taken away forever that same day as part of the effort to strip Indigenous children in residential schools of their tribal identity, culture, language, and pride. That shirt's color has come to represent the abuse so many children and their families suffered when the Canadian and American governments, churches, and individuals running such schools did their best to eliminate Native American culture, not to mention the still undetermined number of young lives lost through the allowed abuse.

The banner will be displayed at Prince of Peace for at least 225 days (representing 215+, the number of children found in the first mass grave plus those yet to be discovered). During the coming months, please light candles and say prayers by the banner for the children lost or impacted and for their families and descendants, as we remember, lament, and honor each life lost. Also, take a turn borrowing either *Phyllis's Orange Shirt*, the children's picture book, or *The Orange Shirt Story*, for older children and adults. Both books are now part of the Racial Justice Lending Library as are many other carefully chosen books for different ages that go more in-depth about other Indigenous people

As a congregation, we will continue to learn about indigenous history and our complicity as Christians in allowing these church-run schools all over North America. Together we'll search for ways to help today's Indigenous Peoples recover some of their culture despite continuing institutional racism and will try to change and eliminate numerous laws aimed at ethnic cleansing that are ingrained in the many systems created as part of the colonization of America.

— Nancy Reyes, Chair, Racial Justice Team



*Practicing Resurrection with Gratitude and Grace*

*Donations Still Being Accepted!*

St Bartholomew's Lutheran Church in Trenton is in dire need of clothing & non-perishable food donations. Please consider clearing out any outgrown or unneeded clothing from your closets to help others in need!



Donations of clothing and non-perishable food can be dropped off outside the Community Room doors at  
177 Princeton-Highstown Road  
Princeton Junction NJ. 08550

## Parish Care News — April 2022

*Continuing to Share Our Prince of Peace Care with Others*

### **Easter is Here**

Sending Easter greetings to those who cannot be with us in church brightens their day and lets folks know they are in our thoughts.

There are cards in the gathering area to send.  
Please take some time to sign the cards.

### **Thank You!**

Just another huge Thank You for your generous support of our

*Valentine Care Box and Bag Project*

Again, many thanks for all the donations to make our Care box and bag project so successful. Thank you notes are still arriving.

### **Graduating Seniors**

We are gathering information about our graduating high school seniors. There will be a graduation blessing in June during our church service. Please let us know of who is graduating and what your plans are for the future.

### **Gathering of Non-Christmas Greeting Cards**

If you could share some time, the donated cards need to be sorted — get well, thinking of you, Happy Birthday, blank, etc. Cards will be sorted and delivered. You can help with this either at the church or in your home.

### **Transportation**

A few folks are in need of some transportation to some weekday appointments, grocery shopping, and errands.

If you can help with driving please let us know.

### **Cards and Calls**

As some continue to social distance, we would like to keep in touch with our church family and friends (who may not be into all the social media) the old-fashioned way with cards and calls. Please let me know if you would like to help with phone calls or mailing cards.

### **Ongoing**

We continue our monthly mailings to our families who have lost loved ones and to families with new babies. If you know of someone to include in our mailings, please let me know.

*Care Notes*, pocket prayer cards, and knitted prayer squares are available in the breezeway.

Please let me know if you need access to or delivery of these materials.

We would like to update our list of folks who can help with providing meals as needed, transportation, and to help with some receptions/events held at the church. If you can help please let us know.

*Anyone interested in  
helping with  
any of our efforts,  
please let us know.*

Martha Winder  
609-799-7280  
maw14jpw@aol.com



177 Princeton-Hightstown Road  
Princeton Junction NJ 08550

Church Office: 609-799-1753

E-Mail: [email@popnj.org](mailto:email@popnj.org)

Website: [popnj.org](http://popnj.org)

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### *Sunday Schedule*

Worship at 8:30 am (In Person)

*Outdoors, weather permitting*

9:30 am (In Person/Livestream)

### *Office Hours*

Tuesday, 8 am to 4 pm

Wednesday, 8 am to Noon

Thursday, 8 am to 10 am

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