



Worship in June

Sunday Worship at 9:30 am

Sunday, June 5

Third Sunday after Pentecost

Young man, I say to you arise!
New Member Welcome
Congregational Meeting

Sunday, June 12

Fourth Sunday after Pentecost

Your Sins are Forgiven!
Baptism of Daniel Weis

Sunday, June 19

Fifth Sunday after Pentecost

High School Graduate Recognition
All of you are one in Christ Jesus

Sunday, June 26

Sixth Sunday after Pentecost

Let the dead bury their own dead?
Farewell and Godspeed to
Victoria Chow-Torres

Other June Events

Sunday, June 5

Congregational Meeting

See page 3 for more information

Thursday, June 9

Book Group

See page 3 for more information

Pastor Froehlke's most recent sermons are available in print on his blog: wordpress.popnj.org/

A Full and Eventful Summer

Last Friday Doug was in the office. I don't normally see Doug on Fridays but I didn't think too much of it. After lunch Doug came in my office and took a seat. Still nothing registered.

The news about the Cherry Tree Club had just gone out and I remember telling Doug that something big always seems to be on the agenda at Prince of Peace. Doug took a deep breath and said, 'Well let me add something else to that list.' With that he informed me of Victoria's resignation, news that none of us wanted to receive, but news that we all understood. Certainly we support Victoria and wish her well as she begins a new calling as church musician at the Unitarian Universalist Congregation of Princeton.

Still, it has been a time of loss at Prince of Peace, loss that we grieve.

As we turn towards summer, however, I want to turn the conversation around and offer some good news with some events to which we can look forward. Here's what's coming up:

Sunday June 5th

Prince of Peace welcomes eight new families into membership.

June 12th

Prince of Peace baptizes Daniel Weis. The Weises are one of our new families.

Prince of Peace celebrates High School Graduates.

June 20-24

Prince of Peace offers our Labyrinth Arts Ministry Program.

Sunday July 10

Prince of Peace travels to St. Peter's Lutheran Church in Manhattan to attend their weekly evening Jazz Vespers service.

Sunday July 17

Prince of Peace introduces a Jazz Liturgy. In September, Jazz Vespers will be offered once a month on Sunday evenings.

Sunday July 31

Play Ball! ... Prince of Peace attends a game at the Trenton Thunder.

Saturday September 10

Prince of Peace is invited to a congregational church picnic in my backyard.

Sunday September 11

God's Work Our Hands Project

Prince of Peace begins its monthly Jazz Vespers at 5 pm followed by a congregational meal.

Later This Summer — Date and Time TBA

Prince of Peace celebrates the ministry of the Cherry Tree Club.

Life goes on. It looks like a full and eventful summer.

— Pastor Froehlke

The End of An Era

It was mid-May in 2009. Megan and I had been living in Kansas City since 2002. It had been a year since I graduated with my doctorate from the University of Kansas. And, with the economic downturn, university jobs were few and far between. I had completed a major commission for a friend living in northern New Jersey. I wrote fourteen songs for elementary and middle school chorus using poetry by his students. We were in New Jersey for the premiere.

We had been kicking around the idea of moving back to New Jersey, where I had done my Master's at Westminster. So, we stopped by campus ... and the head of the Theory Department offered me a part-time position. I was skeptical to take it, knowing it was just part-time and not guaranteed long-term. But, by happenstance, I ran into one of the guys from the Sacred Music office. He told me of a job opening up at a nice church in Princeton Junction. He knew about it before the church did! When I was offered the position at Prince of Peace that summer, our plans to return to New Jersey became a reality.



Doug and Victoria accompanying a lively recessional on Mother's Day.

Coming to a new church is a very emotional process. What music do they like? How do they format their services? What's the pastor like? What's the choir like? Most importantly, with whom would I be working in the music ministry? At the same time, Victoria was trying to figure out who this new 'boss' was — what was he like? Was he high strung? Would he like/appreciate me?

Neither Victoria nor I had the ability, in that circumstance, to choose with whom we worked. I'm so pleased that it has worked out so well. And, I'm happy to have served with Victoria for the past seven years. Over these past years, we've learned to anticipate what the other will do, working hand in hand. In my years of ministry, I've never known someone so immensely talented, courteous, and consistent.

At the end of the choir's season, we had our last rehearsal and offering with Victoria, although we're already planning a special send-off for her on June 26 (her last Sunday) to celebrate her many gifts to our congregation over her ten years of service. I know that this was a difficult decision for Victoria. Making a big change like this always is. And I know that she knows just how much she is loved and cherished here and that she'll always have friends here.

Godspeed, dearest Victoria ... we'll miss you.

Peace, Doug

Tidings, the newsletter of Prince of Peace Lutheran Church, is published monthly. Articles, story ideas, and comments can be emailed to loismcase@gmail.com.

Deadline for the July issue is Sunday, June 26

Staff and Officers of Prince of Peace

Rev. Peter Froehlke, Pastor

Dr. Doug Helvering, Minister of Music

Victoria Chow-Torres, Church Musician

Kathy Nowak, Parish Administrator

Wendy Schutzer, Cherry Tree Club Director

Tim Urbanek, Treasurer

Dorothy Safranek, Financial Secretary

Congregational Council

Lois Case (President)

Mike Fabian (Vice President)

Josh Grim

Brandi Hebert

Nancy Herrington

Beth Kaminski

Melody Kronenberg

Kathy Morris

Martin Rexroad

Diane Urbanek

Newman Wilson

David New, Secretary (non-voting)

Worship Ensemble Schedule

June 26

Summer Choir

**Adult Choir and Nightingale Bells
resume rehearsals on September 8th**

June Events

Congregational Meeting June 5 Following Worship

*Update on Finances
Presentation & Vote on Labyrinth
Update on Cherry Tree Club
Election of Nominating Team*

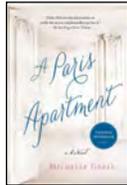
Activities for Children in Fellowship Hall
*Including Bible games, Outdoor play,
and Sundaes on Sunday*

Book Group to Meet June 9th, 7:30 pm

*At the church house
173 Princeton-Hightstown Road, Princeton Junction
Park in church lot & walk through the church to the house.
Please RSVP to 609-529-7623 or apgilamelody@gmail.com*

A Paris Apartment - Michelle Gable

April, a furniture appraiser for Sotheby's, is pleased to escape her unhappy marriage to evaluate the contents of a Paris apartment that has been shuttered since the end of WWII.



The subject of a painting found in the apartment piques her interest when she discovers it is a portrait of Marthe de Florian, a famous courtesan from the Belle Epoque, a period of artistic and cultural refinement at the beginning of the 20th century. April goes on to read Marthe's letters and papers in her quest to learn more about this remarkable woman. Alternating chapters tell both April's and Marthe's story.

*Book Group will meet again July 14
but will not meet in August
We welcome newcomers.*

If interested, please contact Phyllis Church at 799-1793

Free Will Offering for Bosnia Servant Trip on June 12

On June 12th a representative from the New Jersey Synod's annual servant trip to Bosnia will be at Prince of Peace to talk about this project, which seeks to explore peace and reconciliation and the long-lasting effects of war and to serve shoulder-to-shoulder with people from all ethnic and religious backgrounds.

A free will offering will be received to support the group's work.



Cross Roads To Hold Open House June 4

Learn all about Cross Roads' summer and year-round opportunities, tour their facilities, ask questions and finish with lunch in the Dining Hall. Register online at crossroadsretreat.com.

Summer Camp Weeks Available in July and August

Do you want to give your kid(s) the best summer experience possible? Summer is fast approaching, so sign them up for summer camp today before it's too late! July is *Bring-A-Friend-Month*, so bring a friend who has never been to Cross Roads Summer Camp before and you'll both get \$25 off!

Sara Froehle will be on the staff for this summer's program, the theme of which is *The Jesus Way*. For more information, visit crossroadsretreat.com

Pilates Demo Classes Coming June 11 & 18

Prince of Peace congregants are invited to participate in two opportunities to demo a mat Pilates class on Saturdays, June 11th and June 18th at 1:00 pm with Prince of Peace newcomer, Jackie Smiley-Edwards.

In the spirit of hospitality, Jackie would like to extend a warm welcome to congregants of all abilities to experience the gentle healing of Pilates in a beginner mat class. The mat classes will be hosted at the church in the Fellowship Hall.

Jackie is a certified Group Fitness with the Aerobic and Fitness Association of America. She is also certified in CPR/AED. She has worked as a certified Group Fitness instructor at local fitness facilities in the area since September 2012. Trained in Pilates Mat, Reformer and Trapeze Table, Chair & Barrels, Jackie is actively pursuing her Certificate of Completion as a Balanced Body Comprehensive Pilates Instructor. Jackie is currently employed as a Group Fitness Instructor as well as a Pilates Assistant Coordinator. She currently teaches Aqua Zumba, Les Mills Body Jam and Pilates mat classes. She is also a privately insured fitness instructor and licensed and/or certified to teach a number of fitness programs including Aqua Zumba, Zumba, VBarre, Les Mills Programs (Body Jam, Body Vive, & CXWORX), and more.

To RSVP or if you have questions, please email Jackie at jaques@aol.com.

Farewell and Godspeed for Victoria Chow-Torres

Please join us for Victoria's last Sunday at Prince of Peace on June 26. A special fellowship in Victoria's honor is planned after worship.

Welcome, New Members!

Prince of Peace celebrates eight new families joining our congregation in worship on Sunday June 5th. We extend a warm welcome to

*Raj Erick and Noreen
Rejoske Erick
David and Kristin Weis, Thomas and Daniel
Mary Flora Samuel
David Jeedi
Ryan & Jess Porter and William
Harrison Werner
Kyle Kirchhoff*

Prince of Peace Collecting Clothes for the Rescue Mission of Trenton in June

*Donations can be placed in the huge box
in the Gathering Area.*

During the month of June Prince of Peace will be collecting new and gently used clothing, linens, shoes, belts, scarves, and small household items that you no longer need. Donations will go to the Rescue Mission of Trenton to benefit the Trenton community.

Donations are distributed free to clients in the Rescue Mission's emergency shelter, or to those who simply cannot pay anything. Donations are also resold in the Mission Thrift Store at very affordable prices. All of the proceeds go back to the continued operations of the Rescue Mission's social service programs.

So let's help the Rescue Mission continue to provide needed services to those who need them. Your donations are greatly appreciated! Thanks for your part in this ministry!
—The Social Outreach Team

Prince of Peace Baseball Night at the Trenton Thunder coming July 31st.

*See page 9 for more information
and ticket order form.*



Worshippers at a jazz service at St. Peter's, Manhattan, 'the jazz church.'

Jazz Service Being Prepared for July 17

As an outgrowth of the arts ministry/worship discussions, Prince of Peace is developing a jazz liturgy. The worship service on July 17 will provide an introduction to this rich worship tradition.

In addition, three jazz vespers services will be held on the first Sundays of October, November, and December at 5 pm.

Trip to St. Peter's, Manhattan on July 10

A congregational outing to St. Peter's Lutheran in Manhattan is scheduled for July 10. Known as 'the jazz church' and famous for its pioneering work in jazz services, St Peters has hosted some 300 jazz greats, including Duke Ellington. Its website includes these words about jazz spirituality:

Jazz is a particularly effective resource for building inclusive community. Anyone can participate in making jazz. Even the most casual observer makes music when tapping or clapping spontaneously along with the beat.

Jazz is this infectious. It blurs the lines of listener and player, and draws everyone deeper into its contours. Jazz sounds like God because jazz reflects God's way of blurring lines. It draws people closer to God and to one another.

Improvisation captures an always-growing faith. Jazz has many entry points. Entering into the music at any time and in whatever way is a vision for life together in community.

For more information about jazz services in general or plans for Prince of Peace's services, visit the websites below or contact Doug Helvering or Charlie Frantz.

<http://saintpeters.org/jazz/jazz-vespers/>
<http://www.jazzministry.org/jazz-vespers>



Parish Care Notes

Spring Caroling

It was a cloudy, drizzly Sunday. Christian Education and Parish Care teamed up for the educational hour to bring some sunshine to our older friends in the area with our Spring Caroling.

Our first stop was at Acorn Glen. We sang to Marny Bergh in the hall as she was going to lunch then joined her and the other residents in their dining room to sing some spring songs. The singing was enjoyed by all with many of the residents singing along.

Then we were off to Stonebridge of Montgomery. There we sang in the dining area of the assisted living side, in the dementia wards, and the skilled care area. Everyone enjoyed the time we shared with them, many of them perking up and singing along. Marilyn Zonis joined us in the dining area and we stopped to serenade Carolyn Aldridge to end our morning. Our young singers passed out a few goodies — bookmarks, jelly beans, and Bible verse coins — while we were there.

Many thanks to David Jeedi; Dorothy Safranek; Sharon Ceragioli; the Grims — Josh, Jake, and Andrew; the Heberts — Brandi, Elianna, and Gehrig; Nancy Reyes; Pastor Froehlke; Nancy and Dave Herrington; and Martha and Jim Winder for sharing their time and talents to bring a lot of sunshine to many who cannot get out.

We will be going again, so plan on joining us.

Graduates

We are celebrating our high school graduates this month on Sunday June 19. We congratulate them on a job well done and look forward to keeping in touch with them as they continue their life's journey.

Some Ways You Can Help

Some rides are needed to Sunday church from the Monroe Township area.

Anyone willing to make a few Parish Care phone calls every other week or so please let me know.

We have many ways that you can help share Prince of Peace care with others. To participate or for more details please contact Martha Winder at 609-799-7280 or maw14jpw@aol.com

Congratulations, High School Graduates!

Prince of Peace will honor this year's high school graduates on Sunday June 19. We congratulate:

Miah Crossen

Alexis Dignan

Abigail Jorgensen

Cassandra Morris

Allison Safranek

Miah Crossen

Miah is graduating from Hightstown High School where she played field hockey, sang with both Schola and Advanced Choir, and enjoyed being a part of several clubs (South Asian and Future Medical Leaders of America). She participated in activities with the National, German and Science Honor Societies and is looking forward to studying Biology at Binghamton University in New York — but, truth be known, sleeping in, beach time, and simply *being* is all she wants right now!

Cassie Morris

Cassie will graduate from Hightstown High School. She has chosen to attend Stevenson University in Owings Mills, MD to study computer science with a minor in mathematics in the fall. She will be a member of the women's soccer team and track team during the respective seasons.

Allison Safranek

Allison is graduating from Notre Dame High School on June 12. She was a Peer Leader, a volunteer tutor as a member of the National Honor Society, a member of the High School Band as a flautist, played in the pit for several musicals, and played Varsity Field Hockey. With her spare time she volunteered at the Plainsboro Fire House as a firefighter and has been active at POP as a communion assistant, usher, greeter and a council representative. Allison is also an Ambassador Girl Scout.

Allison will be a buckeye this fall at Ohio State University and is looking forward to majoring in business with an emphasis in Human Resources and Accounting.

Congratulations, Shoppe Family!

Congratulations to JT Schoppe and the Schoppe Family who have been chosen as one of several recipients of the Shannon Daley Memorial Fund this year. Stay tuned for more information in the coming weeks on how to support these members of our congregation through this terrific nonprofit organization.

The Shannon Daley Memorial Fund's mission is to help local area residents (within a 30-mile radius of Readington Township NJ) who are facing financial difficulties due to a child facing serious illness. Since being established in January 2002, they have raised and distributed over \$1.6 million to more than 60 children and their families. This has been accomplished by the support and generosity of the many businesses and individuals in their communities who believe that they can make a difference in somebody's life.

Thank You

... for everything you do ...

My thanks to the kind group of children and adults who visited me recently. They sang and handed out jelly beans to three areas in Stonebridge before they came to me. Special thanks to Martha Winder who set it up.

Sincerely, Carolyn Aldridge

Labyrinth Arts Ministry Program

A Fundraiser for the Meditation Garden/Labyrinth Project

June 20 to June 24 – 9am to 12 pm – Ages 12 and up

Prince of Peace is offering an opportunity to learn about labyrinths and performance art from a group of professional artists in a collaborative workshop this June.

Led by painter, photographer, and performance artist Nancy Herrington, the teachers include visual and textile artist Juanita Yoder; NYC-city-based video editor, animator, and designer Lance Herrington; performance artist Brandi Hebert; and body movement/dance and yoga instructor Arielle Wortzel.

These artists offer a non-judgmental atmosphere and invite participants to learn to draw labyrinths; share in the history and mindful practice of walking a 35-foot canvas Chartres labyrinth; enjoy the bonding journey dance; and use chimes and media to produce a resonating and memorable performance art piece that incorporates the beautiful silk painting sculpture of Juanita Yoder.



Processional Kite by Juanita Yoder to be used in performance piece.

Each day the participants will reflect on their experience and journal entry their ideas and thoughts while enjoying provided refreshments.

Proceeds from the donations will go toward the Spiritual Formation ministry at Prince of Peace and the proposed labyrinth construction.

See page 7 for a flyer and application form.



June TASK Donation is Shampoo

The Social Outreach team has designated shampoo as the contribution of the month for the Trenton Area Soup Kitchen (TASK). Donations can be placed in the wooden box in the breezeway.

The Trenton Area Soup Kitchen feeds those who are hungry in the Trenton area and offers programs to encourage self-sufficiency and improve the quality of life of its patrons.

The point of a maze is to find **its** center. The point of a LABYRINTH is to find **your** center.

LABYRINTH ARTS PROGRAM

JUNE 20-24, 9AM TO 12PM - AGES 12 & UP

Prince of Peace Church
177 Princeton-Hightstown Road
Princeton Junction, NJ 08550
609-799-1753

Recommended donation: \$150.00 for 5 morning program

Come discover the ancient mystery of labyrinths in a post-modern context. Art program participants will work together for five sessions to produce art in a collaborative environment with a labyrinth and spiritually-based theme. A focus on core components of sound, body movement, and the visual arts will result in a final day production of an original art performance piece. There is a limit of 30 participants for the program.

ALL PROCEEDS FROM THE PROGRAM WILL BE DONATED TO THE LABYRINTH CONSTRUCTION ON PRINCE OF PEACE LUTHERAN CHURCH PROPERTY. Subsequent to its completion, a community-wide performance of the original art piece will be hosted at the site.

ARTIST GUIDES & INSTRUCTORS:

Nancy Herrington – Visual & Performance Artist www.nancyherrington.us
Lance Herrington – Video editor, animator & designer www.lanceherrington.tv
Juanita Yoder – Visual Artist www.hillstream.com
Brandi Hebert – Performance Artist
Arielle Wortzel - Dance and Body Movement Artist

NAME:

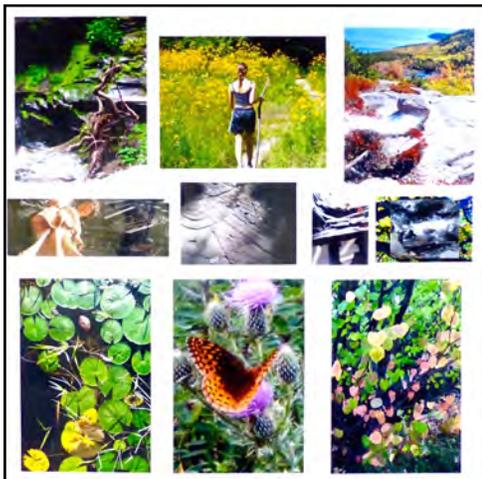
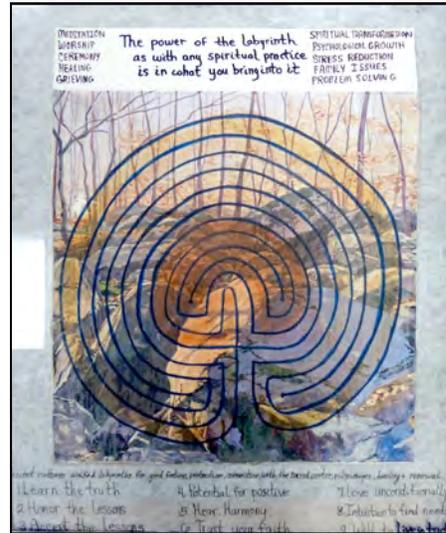
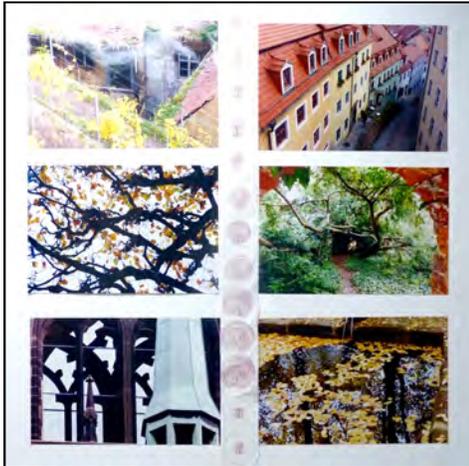
ADDRESS:

EMAIL:

AGE:

Please mail in your registration with your recommended donation of \$150 to **Prince of Peace Lutheran Church 177 Princeton-Hightstown Road Princeton Junction, NJ 08550**. If you have any questions, please email Nancy Herrington at nancyherrington9@gmail.com or Brandi Hebert brandiandnoel@gmail.com

About the Finger Labyrinth and Photos Exhibited in the Narthex



The three canvases with photos and the finger labyrinth are presented as a gift to the congregation and to further initiate a connection with the labyrinth project. The drawings of labyrinths on the canvases are demonstrating how to draw a labyrinth from the beginning seed pattern to seven- and eleven-circuit labyrinths. Each photograph I chose because of the analogous or symbolic reference to labyrinths such as the spiral, a sacred place, mirror reflections, and the walking/ spiritual path.

I would appreciate responses on what the photographs suggest to you and any feedback from using the finger labyrinth that is located in the narthex. A journal is available on the labyrinth display table so you may participate in the discussion and be a part of our creative endeavor.

I welcome your artistic gifts: photographs, drawings, paintings, poetry, textile arts, etc. to enrich our spiritual journey.

— Nancy Herrington

Who knows what will be possible for you as you travel its pathway? May you encounter blessings.

Who knows what you will connect. May blessings abound.

Who knows what transformation and illumination may occur.

May your movements and insights be blessed.

— Helen Curry

The Way of the Labyrinth



Keep the Cross Wall in Mind as You Travel This Summer

As you visit friends and family in your country of origin or travel to new destinations, both near and far, consider picking up a small cross in any form as a remembrance of those travels and your home congregation and donating it to the cross wall.

Located in the narthex on the far side of the lounge area near the window, this new cross wall will be an opportunity for congregants to create a tapestry of crosses that reflect our diverse heritage as Christians and our global travels.



If you would like to donate a cross, please leave it in the church office with a note detailing the story of the cross and your travels, or you can email the information to Brandi Hebert or Lois Case. Brandi and Lois will hang the cross on the wall and include the information about the cross in a book that will collect all our stories. We will also feature a picture of the cross and your story in the next issue of *Tidings*.

As the Cross Wall grows, we will incorporate it into activities developing our spiritual formation at the church.

God speed and safe travels this Summer Season!

Take Us Out to the Ball Game!

July 31, 5 pm



Tickets for Prince of Peace's trip to the Trenton Thunder baseball game on July 31st at 5 pm are now available; they cost \$8 each and include free ice cream.

Please use the form below to order. Orders can be sent to the office or placed in the offering plate.

If you have children who are interested in presenting the colors at the game, please let Pastor Froehlke or Lois Case know.

Trenton Thunder is a Double-A affiliate of the New York Yankees. On July 31st they will be playing the Altoona Curve, the affiliate of the Pittsburgh Pirates.

Thunder Baseball Ticket Order Form

July 31st, 5 pm

\$8 per ticket

Name _____

Number of Tickets _____

Payment enclosed _____

*Order form and check may be
sent to the church office or
placed in the offering plate.*

Deadline for ordering tickets is July 8



177 Princeton-Hightstown Road
Princeton Junction NJ 08550

Church Office: 609-799-1753
Fax: 609-799-0958
E-Mail : email@popnj.org
Website: popnj.org
Worship: Sunday, 9:30 am

Sunday Schedule

Worship at 9:30 am
Education Hour at 10:45 am

Summer Office Hours

Monday - Friday 9 am to Noon
