



Tidings of Peace

September 2014



Sundays in September

*Starting September 14
Services at 8:30 and 11 am*

September 7

*Thirteenth Sunday after Pentecost
The Presence of Christ
Rally Day
With Sinfonietta Nova
One Service at 9:30 am*

September 14

*Fourteenth Sunday after Pentecost
Learning Forgiveness
Worship at 8:30 & 11 am
Sunday School at 9:45
Confirmation Parent Orientation at 9:45*

September 21

*Fifteenth Sunday after Pentecost
No Fair!*

September 28

*Sixteenth Sunday After Pentecost
The Christ Hymn*

Upcoming Events

September 7

*Youth Summer Trip Meeting
For more information, see page 3*

September 11

*Book Group Resumes
For more information, see page 3*

September 17

*Wonderful Wednesdays Resume
For more information and schedule,
See page 4*

September 28

*Adult Class Begins, 9:45
For more information see page 4*

*See page 6 for an important
announcement about the new
PoP church email address.*

What Are You Being Called To Do at Prince of Peace?

Your Council needs your help. During a discussion on the future of our church house, we began the planning process that will result in a decision on its future. We will be accepting proposals for how to use this space at our September and October Council meetings. We are looking for each proposal to include the ministry it will support, any costs involved, and plan for organizing our disciples to make it a success.

A great model of how this might work is the recent ministry of the Peace Garden. People came together prayerfully and transformed what was an empty lot into a beautiful garden that brings together our community and feeds those most at need. It all started with an idea and the willingness to spark the energy of the congregation which then responded enthusiastically. God is good!

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From the Pastor's Desk . . .

This past July, at the personal invitation of the Institute of Islamic Study's chairman, Tahir Zafar, I attended the groundbreaking of their new mosque and youth center on Old Trenton Road in West Windsor. The guest list was impressive: Mazen Mokhtar, executive director of the Muslim American Society, Congressman Rush Holt, West Windsor Mayor Shing Fu Hsueh, and clergy from the West Windsor Interfaith Community Bridge of which I am a member.

Having just returned from China I felt like I was having another 'other worldly' experience as the ceremony began with the Muslim call to prayer. It was hard to believe that I sat only a mile from home. The hospitality of the members of the IIS and the message of peace and harmony within the ceremony were most impressive. I was particularly struck by a letter of welcome read from Rabbi Eric Wisnia of Temple Beth Chaim in West Windsor, just as the most recent Palestinian-Israeli uprising reignited in the Holy Land.

I appreciate the diversity of our township. Many communities in this land could not embrace the groundbreaking of a mosque like West Windsor. Leaving the ceremony I almost felt like it took place in a bubble. The peace and harmony experienced at this groundbreaking was so contrary to the religious violence and hate that dominates the news across the globe.

I personally will take the spirit of this event as inspiration to work harder for peace and understanding among the diverse religious traditions in West Windsor and throughout our local communities. I know our Christian tradition advocates respect and dignity amongst people of all faiths. It's time to burst the bubble of this groundbreaking so that its spirit of peace and goodwill prevails.

Pastor Froehlke

Sing ... Sing a Song ... Sing out Loud ... Sing out Strong ...

'Be filled with the Spirit. Speak to one another with psalms, hymns, and spiritual songs. (Eph. 5:18-19).



Rally Day this year is a special one for me. Ever since I've started leading music ministry programs, I've longed to have a service accompanied by orchestral instruments. As a congregation that 'sings,' there is no better way to encourage and lift up singing than by having more voices as well as 'real' instruments ... the vibrating

string of the piano, violin, or cello ... the vibrating skin of a drum ... the vibrating bell of a horn or trumpet ... the vibrating pipe of an organ ... the vibrating reed of a clarinet or oboe.

In Paul's letter to the Ephesians, he isn't urging us to receive a one-off experience when he instructs us to be 'filled with the spirit.' The verb he uses is in the present continuous. A better translation might be 'keep on being filled with the spirit.' In *True Worship*, Oxford Rector Vaughan Roberts says that Paul follows up this instruction with a string of participles (lost in some English

translations of the Bible) that spell out what this means in practice. The original reads like this:

Keep on being filled with the Spirit, speaking to one another with psalms, hymns, and spiritual songs; singing and making music in your heart to the Lord; always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ; submitting to one another out of reverence for Christ.

Isn't it striking that three of those five participles are to do with singing. Spirit-filled Christians sing!

So, every time we gather, we raise our voices together. It doesn't matter if you're in the choir or not ... all of us are called to respond to the grace and love of God with praise! There are many opportunities to be active in the music ministry at Prince of Peace. Remember that the Adult Choir is always open ... come as often as you can! We also have a variety of handbell, youth, children, and solo opportunities. Schedules and times for these ensembles will be posted outside my office door at the church. At Prince of Peace, there's truly a place for everyone. Please see me if you're interested in lending your talents!

Blessings, Doug

*See page 4 for more information about
Wonderful Wednesdays.*

Tidings, the newsletter of Prince of Peace Lutheran Church, is published monthly. Articles, story ideas, and comments can be emailed to loismcase@gmail.com.

Deadline for the October issue is Sunday, September 21

Staff and Officers of Prince of Peace

Rev. Peter Froehke, Pastor

Dr. Doug Helvering, Minister of Music

Victoria Chow-Torres, Church Musician

Kathy Nowak, Parish Administrator

Wendy Schutzer, Cherry Tree Club Director

Eric Jorgensen, Treasurer

Dorothy Safranek, Financial Secretary

Congregational Council

Bob Durie, President

Steve Bromberg, Vice President

David New, Secretary (non-voting)

Lois Case (Communications, Garden)

Josh Grim (Wonderful Wednesdays)

Brandi Hebert (Stewardship)

James Kisthardt (Worship)

Kathy Morris (Social Outreach)

Peter Perkuhn (Christian Education)

Allison Safranek (Youth)

Rob Singley (Property)

Newman Wilson (Digital Team)

Martha Winder (Parish Care)

Adult Ensemble Rehearsal Schedule

Adult Choir

Rehearsals Thursdays at 8:00 pm
in service weekly

Nightingale Bells

Rehearsals Thursdays at 7:00 pm
in service monthly

PoP Philharmonic

In service once a quarter

Bell Ensemble

Rehearsals occasional weekday mornings
in service occasionally

Worship Ensemble Schedule

September 7

9:30 am Service with *Sinfonietta Nova*

8:30 am

11 am

September 14 Adult Choir Megan Helvering

September 21 Victoria Chow Adult Choir

September 28 Adult Choir TBA

Youth Trip Meeting Coming September 7

While still enjoying this summer it is time to plan for next! July 2015 is the ELCA National Youth Gathering in Detroit, Michigan. Also, our Youth Works participants are excited to go to Washington, DC for a servant trip next summer. Both trips require decisions soon, so now is the time to talk.

I am a big supporter of the national youth gatherings, and I have also seen our youth return from their Youth Works trips very excited. We need to decide if we participate in the ELCA Youth Gathering or the Youth Works trip? Or do we try and support both?

As we kick off the fall season we will begin with a meeting to discuss this on Sunday September 7 at 6 pm at church. See you there.

Pastor Froehleke

Sunday School Starts September 14th

The Fall session of Sunday School at Prince of Peace Lutheran Church begins Sunday, September 14th at 9:45am. All children age preschool through Grade 5 are welcome to attend.

Registration forms can be found in the church narthex. Please complete the form and return it to the red folder also found in the Sunday School display in the narthex.

We are looking forward to a fun and exciting Sunday School hour! Parent participation is always welcome and strongly encouraged.

For more information, please contact the church office or reach out to Brandi Hebert at brandiandnoel@gmail.com.

Christian Focus Continues

The Christian Focus group continues to meet on Wednesdays from noon to 1:30 in the lounge. Following a brown-bag lunch, the group is watching and discussing a series on *Science and Religion*.

Newcomers are always welcome. For more information, call Phyllis Church (609-799-7280).

Confirmation Begins This Month

Confirmation begins with a parent orientation on Sunday September 14 during the education hour in the Fellowship Hall. All parents and students in the 6th, 7th, and 8th grades are expected to attend.

Sunday morning class will begin with a class taught by Pastor Froehleke on September 21. Wednesday classes begin on October 1 at 5:15.

Book Group Resumes September 11

At the home of Martha Winder

14 Candlewood Drive, Princeton Junction, NJ 08550

RSVP at 799-7280 or www.maw14jpw@aol.com

***The Aviator's Wife* by Melanie Benjamin**

This historical novel describes the marriage of a famous couple, Anne Morrow Lindbergh and Charles A. Lindbergh. Anne married a popular hero but she was an aviatrix and writer in her own right. The couple's story has many ups and downs including the kidnapping of their first child and Charles's flirtation with Nazi Germany. As the mother of six children and wife of a celebrity, Anne struggles throughout her marriage to find her own identity.



Coming October 9th

Location TBA

***The Last Runaway* by Tracey Chevalier**



Honor Bright, a modest English Quaker, flees her past in England for America only to encounter more difficulties when her beloved sister dies there. In the wilds of Ohio in 1850 she is drawn into to the clandestine activities of the Underground Railroad.

Will she have the courage to follow her conscience and do what she believes is right? Should she help runaway slaves escape and defy the Fugitive Slave Law despite the dire consequences for doing so? Her farm may be taken if she is caught and her husband's family is clearly opposed to helping the runaways. Her Quaker faith imposes some obstacles as well.

The Book Group meets the second Thursday of each month unless otherwise noted.

New members welcome at any time.

Please call Phyllis Church at 799-1793 with questions.



Adult Education Study of Holy Communion Begins September 28

The Sunday morning Adult Class will begin on September 28. Pastor Froehlke will begin a study on our Lutheran understanding of Holy Communion.

Presiding Bishop Elizabeth Eaton of the ELCA has invited all congregations to hold conversations on 'who is welcomed and invited to receive Holy Communion in ELCA congregations?'

We will focus on the ELCA's document on *The Use of the Means of Grace* with special emphasis given to our practice of Holy Communion. Please join us in the lounge outside of the sanctuary.

Sandy Recovery Dinners Resuming

Reformation Lutheran Church will be hosting returning volunteers from Minnesota from September 21st to 27th and are looking for volunteers to help with dinners. Please let Nancy Reyes (reyes.nancy@verizon.net) know if you can help and which of those mid-afternoon into evenings works for you. She will put in for a day that we have a core group.

September TASK Donation is Elbow Macaroni

The Social Outreach team has designated elbow macaroni as the contribution of the month for the Trenton Area Soup Kitchen (TASK). Donations can be placed in the new wooden box in the breezeway.

Wonderful Wednesdays Starts September 17th

Wonderful Wednesdays are Prince of Peace's midweek music ministry for children, youth, and adult helpers. Several choirs for children and youth are offered, along with a delicious community meal catered by McCaffrey's.

The schedule for Fall 2014 is as follows:

- 5:30-6:15 Joyful Noise (grades K-1 vocal choir)
Chimes of Worship (grades 2-5 chimes choir)
- 5:45-6:15 PoP Tots (birth-4 yrs) early childhood music and ministry
- 6:15-6:45 Community Meal
- 6:45-7:30 Kids of the Kingdom (grades 2-5 vocal choir)
Celebration Ringers (grade 6 and up bell choir)

Beginning October 1st, Confirmation Class will also meet during Wonderful Wednesdays from 5:15-6:15.

Highlights of Wonderful Wednesdays this year will include opportunities for the elementary and youth choirs to learn about our faith through music, to lead in worship several Sundays, and to participate in our annual Christmas program, scheduled for Friday, December 19th at 7:00.

Look for registration forms in the Gathering area in early September and at Rally Day Sunday on September 7th. If you have any questions, please contact Kate Chen at kcmchen@comcast.net.



Having an Attitude of Gratitude

Our stewardship emphasis this fall centers around the theme *Having an Attitude of Gratitude*.

We will welcome John Litke from the Metro New York Synod, who is specialist in Stewardship practice, to guide us through this emphasis.

Stewardship is not about paying our bills. Stewardship is about responding to our abundant God with an attitude of gratitude. In October we will focus on our attitude to giving. Our gratitude will be offered to Prince of Peace on Sunday November 9th with a special luncheon after worship.

Stewarding of Time and Talent

People who are feeling called to assist in worship but want more information can borrow an excellent book on the subject published by Augsburg Press.

If you would like to borrow this book, contact Kathy in the office. If you are ready to volunteer to greet, usher, acolyte, prepare the altar, or serve communion, please let Lori Perdigao know (loripjs@comcast.net).

VBS - Even When We Feel Like *Weird Animals*

This past August, 25 local children participated in PoP's summer Vacation Bible School program. The theme was *Weird Animals*. Children explored various Bible stories that illustrated the following key Bible points:

- * Even when we feel left out ... Jesus loves us.
- * Even when we feel different ... Jesus loves us.
- * Even when you don't understand ... Jesus loves us.
- * Even when you do wrong ... Jesus loves us.
- * Even when you are afraid ... Jesus loves us.
- * Even when we feel like *Weird Animals* ... Jesus loves us!

Rotating through various stations that reaffirmed these Bible points, the children participated in music, arts & crafts, study time, recreation and snack time.

During snack time, the children watched KidVid videos, powerful clips showing children from all over the world as they face their struggles with the love of Jesus. From poverty to autism to bullying, these clips provided another catalyst for discussion about the power of Christ's love for us all. Additionally, the children worked in the Peace Garden and discussed how we are called to show Jesus' love for other in this world.

For more information about next year's VBS program and opportunities to get involved, reach out to Megan Peterson and Pastor Froehlke.



Students from Vacation Bible School pose with their teacher, Brandi Smith, after picking tomatoes.



An eager group of Cherry Tree Club students harvested carrots in late July.

Peace Garden to be on Master Gardener Tour

Prince of Peace's Peace Garden has been selected as one of the gardens to be visited on the Mercer County Master Gardeners' Tour on their Open Gardens Day, September 18, 10 am to 2 pm.

Philadelphia Horticultural Society Supports Peace Garden

The Peace Garden is now benefitting from being a part of the City Harvest program of the Philadelphia Horticultural Society (PHS).

After a visit to the garden by Lisa Mosca, director of the City Harvest program, a group of Peace gardeners traveled to Philadelphia and toured the Awbury Arboretum, which includes a large and very well-tended community garden in the heart of a food desert in Philadelphia.

While there, the gardeners were given free seeds, seedlings, and other supplies. They also benefited from Lisa Mosca's wealth of knowledge and enthusiasm about vegetable gardening and community gardens.

PHS sponsors give-aways five times a year; they distribute season-appropriate supplies, including cover crops for wintering over. With their contributions, Peace Garden expenses will be much reduced.

Interesting note: Many of the seedlings PHS is giving away were planted by the Prince of Peace Youth Works group on their service trip this summer.

Sympathy is Extended To . . .

. . . the family and friends of Pastor Robert Loucks, father of Wendy Schutzer.

New Prince of Peace Email Address Announced

In order to streamline the process for adding new members to our POP email list, we have decided to switch to the mailing list software that comes with our web hosting service and to phase out our use of Yahoo Groups.

If you are currently receiving PoP emails, you do not need to do anything to continue in the group.

The new POP email list is available for immediate use with the following address:

popchurch@popnj.org

Please update your contacts list to replace the old Yahoo Groups list address with this new one. After a successful one-month trial of this new system, our POPChurch Yahoo Group will be deleted on September 15, 2014.

Kathy Nowak, Al Parker, and Dave Herrington



The Garden Keeps Growing

The Peace Gardeners have finished harvesting zucchini, beets, carrots, onions, chard, and cucumbers but are still getting herbs, green beans, okra, and tomatoes from the spring planting. Melons are coming along.

Fall crops have been planted. These include beets, salad greens, kale, collards, mustard greens, broccoli, peas, scallions, and cabbage.

About half of the goal of 1200 pounds this season has been donated and the gardeners are learning more about the food preferences of the recipients (hot peppers, green beans, herbs, cucumbers, and of course tomatoes are favorites).

Many thanks to everyone who has shown an interest, contributed time and in-kind and cash gifts. Special thanks to parents: it's especially gratifying to have so many children helping in the garden.

What are you being called to . . . continued from page 1

Of course there is no need that a ministry would need to be in any way related to the house. Perhaps you have a calling and a plan to work with our youth. Or maybe you are called to spread the Word, or feed the hungry. Whatever calling you have, on behalf of Council I ask everyone reading this article to prayerfully and thoughtfully consider the unique gifts and ideas they have. Please reach out to me so I can arrange for you to speak about them with Council. I'm looking forward to hearing from you!

Bob Durie, Council President

*Note: Meetings of the congregational council are open to all.
The September meeting will be held on
Tuesday, September 16 at 7:30 at the Froehlke home.*



*Your comments and
'likes' are encouraged
on Prince of Peace's
facebook page:
www.facebook.com/*

... Updates, Address Changes & A Celebration ...

Doug & Megan Helvering:

In addition to getting ready for fall activities and putting together an extraordinary Rally Day worship service, the Helverings are moving. Their new address is

12132 Taylor Court
West Windsor, NJ 08550

Cathy & Joe Zuccarello ...

... are now splitting their time between their new home in Southport NC and their daughter's home in Franklin Park. Cathy has supplied the following contact information:

7 Onyx Court
Franklin Park , NJ 08823

Southern address:
4252 Ashfield Place
Southport , NC 28461

Cynthia Elizabeth Reyes, ...

... daughter of Nancy & John Reyes, is marrying Nicholas Donovan Lally of Louisville KY on August 30 at the J. C. Raulston Arboretum at North Carolina State University in Raleigh. Rev. David James is officiating. Cynthia recently started working full time at Methodist University as Recreation Technician and Nicholas is in the army stationed at Fort Bragg. They are living at

5129-K Parcstone Lane
Fayetteville, NC 28314

Lynn Lewis ...

... has sent an update and new address:

I arrived on Friday [August 22], and Blake and Kayla got here on Sunday [August 24]. We have to wait until Friday [August 31st] to receive the Pod with all our stuff. Most of the furniture in the Pod is for Blake and Kayla's apartment. My new furniture won't get here until the middle to end of September. My new phone number is 217-864-1765. My new address is

1510 August Hill Court
Mt Zion, IL 62549

Kevin & Kathleen Ellis ...

... are now living in Highland Park. Kathleen is starting her second year in the Rutgers French department and will be a Teaching Assistant for an introductory French class this year. Kevin will be starting a job as a Latin teacher at Green Brook Middle School. Their new address is

5 River Road, Apartment 1
Highland Park NJ 08904



Celebrating 102!

Catherine Blackwell, Cathy Zuccarello's mother, will be 102 on September 1. Catherine has worshipped at Prince of Peace many times and has been on the prayer list.

Thank You

From Ralph Kjorlein

Dear Prince of Peace friends, thank you for everything you did for my 95th birthday. Fantastic!

Thank you to everyone who donated to the Crisis Ministry in August. Donations of bread and jelly and well over \$100 allowed us to donate a bounty of bread and jelly to the food bank in Trenton.

Dear Prince of Peace Friends,

Thank you so very much for your prayers, calls, cards, notes, emails, comforting words, hugs and other kind acts that helped support Forrest and me following my sister's fatal accident. Your care and concern has been greatly appreciated. Thank you for being our friends!

God bless you all,
Anne Patterson



177 Princeton-Hightstown Road
Princeton Junction NJ 08550

Church Office: 609-799-1753
Fax: 609-799-0958
E-Mail : info2@popnj.org
Website: popnj.org
Office Hours: M-F 9 am-2 pm
Worship: 8:30 & 11 am
Educational Hour: 9:45 am

Fall Sunday Schedule

Beginning September 14th
Worship at 8:30 & 11
Sunday School at 9:45

Office Hours

Beginning September 2
9 am - 2 pm

Called to Community

Jesus says, 'For where two or three are gathered in my name, I am there among them' (Matthew 18:20). In these Sundays after Pentecost, we are repeatedly reminded that God has not abandoned us and that Christ's resurrection and ascension are a beginning for us, not an end. The readings often focus on the practical work of the gathered Christian community: turning from sin to repentance, from conflict to reconciliation.

The question is as relevant today as it was for the disciples and the first Christians: how do we live together, work together, as the body of Christ? We have been saved by grace, liberated by God's love to love one another. What does it mean for us and for our community to 'put on the Lord Jesus Christ' (Romans 13:14) and to clothe ourselves in love?

We keep asking these questions because the way we gather as Christians continues to be profoundly countercultural. We do not gather as a social club, drawn and kept together only by shared demographics and interests. If church is only a social club, there is no reason to continue to gather if conflict arises, if uncomfortable issues are raised, or if 'the way it's always been' begins to change.

In scripture we can find practical guidance for gathering through good and hard times. The Holy Spirit is always at work—in, through, and among us—to gather and regather us again. In community we meet and become Christ's body in ways that are impossible for us as individuals; all the commandments are fulfilled in this call to neighbor-love (Romans 13:9).